

26/10/20 Case Study

The subject of this case study is a young man from Maidstone who is diagnosed with asperser's syndrome. He was with another support provider and lived in supported accommodation in the local area, before being referred to Phoenix. He explained to me that the placement he was in before was completely unsuitable, as he was living with unsavoury individuals who regularly caused trouble and his support workers did not show any interest in him.

The young man came to Phoenix during the COVID lockdown and immediately settled into a beautiful apartment. He quickly built up a good rapport with his support team and developed friendships with the other 5 tenants at the house. During the lockdown period, staff facilitated activities such as gardening, group exercise sessions and bike rides; all of which he participated in and enjoyed. Since community facilities reopened, he has taken a keen interest in rock climbing, which is now his main hobby; and enjoys going to the pool club with other service users.

The young man's confidence has grown a great deal since coming to Phoenix; he has now started to look for a job, has started thinking about training courses he would like to enrol in and feels he would be ready to apply for the housing register soon – something that would have felt impossible before coming to Phoenix. Speaking to me, he says that he feels that staff here are very helpful and show an interest in him, and that he is supported to do the things that he wants and needs to do.

I have been the supervisor for the house that this man lives in since he moved there; I have watched his confidence grow and feel this is a great example of somebody realising and working towards a fulfilling and independent life.

Yassir Kilmister